



Bennett-Watkins Fire Rescue

Physical Ability Test (PAT)

2025

Stations

- Vitals
- Stair climb
- Hose hoist
- Hose drag
- Ladder raise
- Ladder extension
- Tool carry
- Forcible entry
- Dummy drag

Must be completed with 50 lbs. vest.



Vitals

- Vitals will be acquired prior to the test to make certain they are within normal range.
- Vitals will be reevaluated post test, prior to releasing candidate, to make certain they are back within normal range.



Stair Climb



- Pick up a high rise pack consisting of 50 feet of 2 ½ inch hose and tool bag.
- Time commences once the firefighter crosses the doorway.
- Climb to the 3rd floor.
- Drop high rise pack and tool bag.
- Come back down to the ground floor and tap the doorway.
- Climb back up to the 3rd floor.
- Walk to open the window.

Hose hoist

- Pull rope and raise the 50 foot section of 2 ½ inch hose up to the 3rd floor window.
- Place the hose on the ground inside the building.



Hose drag



- Pick up the nozzle for 1 ¾ charged hose or a weighted 1 ¾ hose.
- Advance hose 75 feet.
- Place the nozzle on the ground.

Ladder raise

- Raise a 24 feet ladder doing hand over hand against a building.
- Touch every rung of the ladder.



Ladder extension



- Raise the fly of the 24 foot ladder while properly footing the ladder until fully extended.
- Lower ladder with complete control back to starting position.

Tool carry

- Remove each saw individually from the shelf or truck and make certain they both touch the ground.
- Walk 50 feet then return to the truck.
- Replace tools on the shelf or truck one at a time.



Forcible entry



- Pick up the 10 lbs. sledge hammer.
- Continuously strike the plate until the plate buzzes.
- Gently place the sledge hammer back on the ground.

Dummy drag

- Drag a 165 lbs. dummy 75 feet across the marked line utilizing harness or webbing.



Disqualifiers

PAT disqualifiers are listed below:

1. Candidate not completing the test in the 10:00 minutes allowed.
2. Stations not being fully executed.
3. Dropping the tools or equipment.

